

#### AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings, of claims in the Application.

#### LISTING OF CLAIMS:

Claims 1-30 (cancelled).

Claims 31-40 (new). The texts of the new claims are set forth on the following pages.

## CLAIMS:

Please cancel Claims 1-9 without prejudice and add the following new claims:

Claim 31 (new). A combination of a shoe having a heel of one or more inches in height and a resilient footbed removably received in the shoe wherein the shoe comprises a forward toe box for receiving the toes of the wearer without pressure being exerted against them by the toe box in normal use of the shoe to dislocate the proximal and distal phalanges of the wearer's foot, the shoe comprising a rear heel portion which grips and holds the wearer's heel firmly in a cradle-like arrangement above the calcaneus bone of the wearer's heel, the footbed having a configuration which conforms to the configuration of a inner sole of the shoe, the footbed comprising a heel cup that distributes the pressure of the wearer's heel against said footbed and contributes to the cradle-like arrangement of said rear heel portion, a calcaneus-cuboid bar underlying the forward part of the wearer's calcaneus bone, the footbed further comprising a metatarsal pad, an arch support and a bar under the wearer's toe sulcus, whereby the wearer's heel is firmly held in place and the foot is prevented from sliding forward in normal usage so that the wearer's toes are not constricted in said forward toe box, and at least one additional cavity disposed under the area of the footbed which receives the wearer's joint between the first metatarsal bone and the adjacent proximal phalange, said additional cavity increasing the compressibility of said footbed at said area.

Claim 32 (new). A combination in accordance with Claim 31, wherein the footbed further comprises at least one cavity disposed under the portion of the footbed which is received under the wearer's heel that increases the compressibility of the footbed at said portion.

Claim 33 (new). A combination in accordance with Claim 31, wherein the footbed comprises at least one further cavity disposed at a location under said calcaneus-cuboid bar which distributes the pressure received at said location over a broader area.

Claim 34 (new). A combination in accordance with Claim 31, wherein the footbed's underside comprises a plurality of grooves extending inboard relative to the wearer's foot which increase the compressibility of the footbed.

Claim 35 (new). A combination in accordance with Claim 31, wherein said shoe comprises a woman's pump.

Claim 36 (new). A combination in accordance with Claim 31, wherein said heel of the shoe is between about one and two inches in height.

Claim 37 (new). A combination in accordance with Claim 31, wherein the height of said heel of the shoe is between about two and three inches.

Claim 38 (new). A combination in accordance with Claim 31, wherein the height of said heel of the shoe is greater than about three inches.

Claim 39 (new). The combination of a shoe having a heel of about one or more inches in height and a resilient footbed in the shoe wherein the shoe comprises a forward toe box for receiving the toes of the wearer without pressure being exerted against them by the toe box in normal use of the shoe to dislocate the proximal and distal phalanges of the wearer's foot, the shoe having an inner sole and the footbed having a configuration which conforms to the configuration of said inner sole, the shoe having a rear heel portion which grips and holds the wearer's heel firmly in a cradle-like arrangement above the calcaneus bone of the wearer's heel that substantially embraces said calcaneus bone, the footbed comprising a heel cup which distributes the pressure of the wearer's heel against the footbed and contributes to the aforesaid

cradle-like arrangement, the footbed further comprising a calcaneus-cuboid bar underlying the forward part of said calcaneus bone of the wearer, a metatarsal pad, an arch support and a bar under the wearer's toe sulcus, whereby the wearer's heel is firmly maintained in place and the foot of the wearer is prevented from sliding forward in normal use of the shoe so that the wearer's toes are not constricted in the forward toe box, at least one cavity on the underside of the footbed which receives the wearer's joint between the first metatarsal and the adjacent proximal phalange to increase the compressibility of the footbed in said area, at least one further cavity, and a plurality of grooves extending inboard relative to the wearer's foot in the bottom of the footbed to increase the compressibility of the footbed.

Claim 40 (new). A combination in accordance with Claim 39, wherein said heel of the shoe has a height of between about one and two inches.